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About Sophie Parker, MD

When it comes to her patients, Dr. Sophie Parker takes all matters to heart. Literally. As an expert in cardiovascular health and internal medicine, she knows how to help seniors live their best level of health. “Diet, exercise, stress management and lifestyle – they’re all important parts of a patient’s well-being,” says Dr. Parker. “I enjoy my role in helping patients lead a better life. Spending time with them helps me understand more about their lives and what they need to improve their health issues. I answer their questions and listen to their concerns. Doing so helps me develop the best care plan for them.”

Sophie Parker, MD

Regional Medical Director, Cardiovascular Care

**LANGUAGES
SPOKEN**
English

SPECIALTIES
Cardiology

EDUCATION
Kilapulk Medical School
Robert Packer Hospital

ASSOCIATIONS
American College of Physicians
American Medical Association

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