



**“I help my patients live happy, healthy golden years.”**

#### **About Claribel Cruz, MD**

Doctor Claribel Cruz remembers going to her father’s clinic as a child and seeing how his patients regarded him as family. It inspired her to pursue a career in medicine, and today she is a primary care physician. What she enjoys most about her work is healing her patients’ physical ailments as well as their social and psychological needs. “I help my patients live happy, healthy golden years,” says Dr. Cruz. “Education is key. Once patients understand their ailments they can help decrease disease progression.”

Dr. Cruz and her husband have two children. She likes spending time with her family, cooking, going to the beach and traveling. She enjoyed visiting Italy and would love to go to Greece.

## **Claribel Cruz, MD**

**Center Medical Director**

#### **LANGUAGES SPOKEN**

English  
Spanish

#### **SPECIALTIES** Primary Care

#### **EDUCATION**

Florida International University  
Universidad Iberoamericana School of Medicine  
HIMA San Pablo Hospital  
Jersey Shore University Medical Center

#### **ASSOCIATIONS**

American College of Physicians  
American Medical Association

#### **MY CENTER**

##### **Town n Country**

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