

Ivan Garcia, MD, DABFM



Dedicated Senior
Medical Center
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About Ivan Garcia, MD, DABFM

Growing up, Dr. Ivan Garcia watched both his grandfather and father help people as doctors, which led him to pursue a career in healthcare. “I chose family medicine because I like to have long-term relationships with my patients,” he explains. Dr. Garcia utilizes preventative medicine to keep patients “happy, healthy, and independent.” He says his favorite part of his profession “is to guide patients into healthy habits, identify diseases early, and prevent disease and complications.” Dr. Garcia is grateful to serve the senior population and strives to be “genuine, accessible, trustworthy, and consistent” in his practice.

When not caring for patients, Dr. Garcia enjoys running and watching movies. He is also a fan of cooking shows.

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

Universidad Autónoma de Tamaulipas

Bella Vista Hospital

Internship: Hospital Perea

ASSOCIATIONS

American Academy of Family Physicians

MY CENTER

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