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About Poongu Muthu, MD

Growing up, Dr. Poongu Muthu always enjoyed caring for and learning from seniors. Throughout her more than twenty years of experience in healthcare, her appreciation for seniors has only grown. She always takes the time to get to know her patients. “Every patient is unique, and I take a holistic approach to find solutions to their needs,” Dr. Muthu explains. She enjoys educating patients, explaining, “I share my knowledge and experience to empower patients to make decisions that best benefits them.”

When not with patients, Dr. Muthu can be found spending time with her family and friends. She especially enjoys going on long walks and playing board games with her husband and children. She also likes gardening.

Poongu Muthu, MD

**LANGUAGES
SPOKEN**

English
Tamil

SPECIALTIES
Primary Care

EDUCATION
Madras Medical College
St. Luke’s University Hospital

ASSOCIATIONS
American College of Physicians
American Medical Association

MY CENTER

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