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About Roza Sabri, MD

Growing up, Dr. Roza Sabri watched her family members find joy working in healthcare, which inspired her to be a patient advocate. Dr. Sabri, who specializes in sleep medicine, says her favorite part of being a physician is “helping them make decisions that prolongs their longevity and quality of life.” She explains, “I educate my patients effectively about their medical conditions and how they can improve it, either through lifestyle modifications or pharmacological treatment.” She loves connecting with her patients, especially the senior population.

In her free time, Dr. Sabri enjoys baking, pilates, and going out for coffee on Sunday mornings. She has also had the opportunity to live in four different countries.

Roza Sabri, MD

**LANGUAGES
SPOKEN**

English
Farsi

SPECIALTIES
Primary Care

EDUCATION
St. George’s University School of Medicine
Hackensack Meridian Health, JFK University
Medical Center
York University

ASSOCIATIONS
American Academy of Family Physicians
Florida Academy of Family Physicians

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