



Shalimar Delgado Pérez, MD

LANGUAGES SPOKEN

English
Spanish

SPECIALTIES

Primary Care

EDUCATION

University of Puerto Rico
AdventHealth Winter Park

ASSOCIATIONS

American Geriatrics Society
American Academy of Family Physicians
Christian Medical and Dental Association

MY CENTER

East Orlando

690 South Goldenrod Road,
Orlando, FL, 32822

[\(407\) 792-1144](tel:(407)792-1144)

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About Shalimar Delgado Pérez, MD

Dr. Shalimar Delgado Pérez knew at a young age that she wanted to be a doctor. “I knew that was the career I wanted to pursue because it would allow me to help others in need,” she says. She loves “empowering patients to achieve their wellness through prevention, education, and health maintenance interviews.” She promises to always listen to her patients’ needs and care for them with love. “I have heard many times the senior population being called the forgotten generation, and I want to help them feel like they are not forgotten. I want to help them achieve their health goals in whichever stage they find themselves in their life,” she explains.

In her free time, Dr. Delgado Pérez enjoys trying new food with her husband.