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About Cleon Gardonis, MD

Dr. Cleon Gardonis loves interacting with people and having a positive impact on their health every day. “I am big on lifestyle medicine and believe that many things can improve with just diet and exercise and not always medications. I hope I can teach my patients something that they can teach their friends, family, and community, and spread the word,” he explains. He especially enjoys “finding the human side to patients and connecting with them on a more personal level.” He finds it especially satisfying to care for the his senior patients.

In his free time, Dr. Gardonis enjoys golfing, hiking, and spending time with friends and family. He also loves building legos, which has been a hobby of his since he was a child.

Cleon Gardonis, MD

LANGUAGES SPOKEN

English

SPECIALTIES Primary Care

EDUCATION

St. George’s University School of Medicine
AdventHealth Winter Park Family Medicine
Residency
University of Toronto

ASSOCIATIONS

Florida Academy of Family Physicians
American Academy of Family Physicians
American Board of Family Medicine
American Geriatrics Society

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