



“I empower them to take control of their medical health by making small changes in diet and activity.”

About Karina Bishop, MD

Dr. Karina Bishop is passionate about helping the senior population and says her favorite part of being a physician is keeping older adults as independent as possible”. She explains, “I empower them to take control of their medical health by making small changes in diet and activity.” She enjoys talking with her patients and listening to their stories. “I get to learn more about their life every visit,” she says. To keep up with the ever-evolving world of medicine, she attends conferences and listens to podcasts. If she could change anything about the current healthcare system, she would lower costs.

When not caring for patients, Dr. Bishop can be found biking, gardening, or traveling. She also enjoys cooking.

Karina Bishop, MD

LANGUAGES SPOKEN

English
Spanish

SPECIALTIES Primary Care

EDUCATION

Universidad de Panama
Creighton University School of Medicine
University of Nebraska Medical Center

ASSOCIATIONS

American Geriatrics Society

MY CENTER

Winter Park

4270 Aloma Avenue, Suite 104,
Winter Park, FL, 32792

[\(321\) 788-2777](tel:(321)788-2777)

[Request Appt.](#)

[View Center](#)