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About Jaskaren Gohal, MD

Dr. Jaskaren Gohal first became interested in healthcare as a child. “I later realized what a humbling privilege it is to be allowed to care for others in their most vulnerable moments. That is the part of this profession that I hold in the utmost regard,” she says. She is dedicated to disease management and has started a “Diabetes Bootcamp” to help patients understand the role of nutrition, diet, and exercise. She values doctor-patient relationships, taking the time to know them beyond their health concerns and allowing them to know her. She “wants to be part of a mission that truly honors” the value of seniors.

Dr. Gohal loves spending time with family and hiking with her dog in her down time. She also plays tenor saxophone.

Jaskaren Gohal, MD

**LANGUAGES
SPOKEN**

English
French
Hindi
Punjabi

SPECIALTIES
Primary Care

EDUCATION
Ross University School of Medicine
Trinity Health Oakland, Wayne State University
McMaster University

ASSOCIATIONS
American College of Physicians

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