



# Jaskaren Gohal, MD

## LANGUAGES SPOKEN

English  
French  
Hindi  
Punjabi

## SPECIALTIES

Primary Care

## EDUCATION

Ross University School of Medicine  
Trinity Health Oakland, Wayne State University  
McMaster University

## ASSOCIATIONS

American College of Physicians

## MY CENTER

### Edgewood

3059 Edgewood Ave W.,  
Jacksonville, FL, 32209

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### About Jaskaren Gohal, MD

Dr. Jaskaren Gohal first became interested in healthcare as a child. “I later realized what a humbling privilege it is to be allowed to care for others in their most vulnerable moments. That is the part of this profession that I hold in the utmost regard,” she says. She is dedicated to disease management and has started a “Diabetes Bootcamp” to help patients understand the role of nutrition, diet, and exercise. She values doctor-patient relationships, taking the time to know them beyond their health concerns and allowing them to know her. She “wants to be part of a mission that truly honors” the value of seniors.

Dr. Gohal loves spending time with family and hiking with her dog in her down time. She also plays tenor saxophone.