

Arvin Esgandanian, MD, DABFM

LANGUAGES SPOKEN
English

SPECIALTIES
Primary Care

EDUCATION
Medical University of The Americas
Larkin Community Hospital
University of Ottawa

PRACTICING SINCE
2024

ASSOCIATIONS
American Board of Family Physicians
American Academy of Family Physicians

MY CENTER

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About Arvin Esgandanian, MD, DABFM

For Dr. Arvin Esgandanian, the best part of working in healthcare is “talking to patients and getting to know them.” He explains that the best way to build a strong relationship with patients “is for them to get to know me and for me to get to know them.” Rather than only treating symptoms or specific diseases, he aims to treat his patients “as a whole.” If he could change anything about healthcare today, he “would make it so doctors have more time to spend with patients.”

When Dr. Esgandanian is not caring for patients, he can be found cycling or reading. “I love reading, and I’m constantly reading the newest articles on the American Academy of Family Physicians and elsewhere,” he explains.