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About Joshua Silverstein, MD

Inspired by several family members, Dr. Joshua Silverstein knew at a young age that he wanted to work in healthcare. “I most enjoy the feeling of having positively impacted a person’s life and how they feel after,” he says. He strives to be approachable and wants patients to feel comfortable coming to him with any issues. “When you can help understand their life circumstances and share a piece of yourself and your life, they tend to see you less as ‘the great doctor’ and more as the person to whom they can turn to,” he explains.

In his free time, Dr. Silverstein enjoys going to the Disney parks, playing soccer, and listening to Broadway shows. He also likes tackling home improvement projects.

Joshua Silverstein, MD

**LANGUAGES
SPOKEN**

English

SPECIALTIES

Primary Care

EDUCATION

Ross University School of Medicine
Houston Healthcare System Program
Stony Brook University

PRACTICING SINCE

2021

ASSOCIATIONS

American Board of Family Medicine
American Academy of Family Physicians

MY CENTER

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