



**“Take the necessary steps to modify lifestyle behaviors, positive outcomes happen.”**

**About Latasha Martin, NP**

Latasha Martin’s interest in anatomy and caring for others led her to the medical field. She loves empowering patients through education. She explains that when patients “take the necessary steps to modify lifestyle behaviors, positive outcomes happen.” She actively listens to patients and strives to help them feel comfortable. “I will always put their safety first and believe in health promotion,” she says. She finds it particularly rewarding to care for senior patients, explaining, “They are the backbone of our society. Without them, we would not be here.”

In her down time, Latasha Martin can be found decorating and event planning or practicing self-care in the form of facials, shopping, and traveling.

**Latasha Martin, NP**

**LANGUAGES  
SPOKEN**

English

**SPECIALTIES**  
Primary Care

**EDUCATION**  
Liberty University  
University of Memphis  
Union University  
Methodist Hospital School of Nursing

**PRACTICING SINCE**  
2017

**ASSOCIATIONS**  
Chi Eta Phi Nursing Sorority  
American Academy of Nurse Practitioners  
American Nurses Association  
Sigma Theta Tau International Honor Society of Nursing  
Greater Memphis Area Advanced Practice Nurses  
Tennessee Nurses Association

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5131 Quince Rd,  
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[\(901\) 701-1888](tel:9017011888)

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