



“I love to empower patients to make the best decisions for themselves.”

About Yajaida Aristhyl, ARNP

Collaborating with patients to “help them achieve their health goals” is Yajaida Aristhyl’s favorite part of her profession. She appreciates the opportunity to care for the senior population, especially due to the vulnerability of aging. “I love to empower patients to make the best decisions for themselves,” she explains. She often studies and attends conferences to stay up to date with the latest medical advancements.

In her free time, Yajaida Aristhyl can be found socializing with family, boxing, playing music, or doing public readings of the award-winning children’s book she co-authored with her husband. She also loves serving her community through non-profits and managing clinics in other countries, including Africa.

Yajaida Aristhyl, ARNP

**LANGUAGES
SPOKEN**

English
Creole
Spanish

SPECIALTIES
Primary Care

EDUCATION
University of South Florida
Florida SouthWesternState College

PRACTICING SINCE
2007

ASSOCIATIONS
American Academy of Nurse Practitioners

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