

# Sandra Zajac, DPM



**Dedicated** Senior  
Medical Center

A CHENMED COMPANY

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## About Sandra Zajac, DPM

Dr. Sandra Zajac explains that a “desire to deliver care that is proactive, personal, and truly impactful” led her to a career in medicine. She explains that her “heritage, strong work ethic, and deep empathy” as a first-generation American shape her daily patient interactions. She aims to help patients “feel supported and confident” and strives to “empower seniors to maintain their independence and mobility.” She explains, “Working with seniors is especially meaningful to me because I have seen how even the smallest improvements in their health can greatly enhance their independence and quality of life.”

In her free time, Dr. Zajac enjoys staying active, expressing her creativity through cooking and decorating, and traveling.

## LANGUAGES

### SPOKEN

English

Polish

Russian

## SPECIALTIES

Podiatry

## EDUCATION

New York College of Podiatric Medicine

Mount Sinai Beth Israel Hospital

Fordham University

## PRACTICING SINCE

2020

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