



**“Lack of good primary care was leading to worsening problems for people. I realized that I could do the most good in primary care, especially as I love interacting and forming relationships with people.”**

**About Waqas Salam, D.O.**

Growing up, Dr. Waqas Salam watched his father struggle with numerous medical issues, which ignited his interest in healthcare. He adds, “Lack of good primary care was leading to worsening problems for people. I realized that I could do the most good in primary care, especially as I love interacting and forming relationships with people.” He takes a “holistic approach” in his practice and loves partnering with patients to help them achieve their health goals. He elaborates, “I love helping people understand their health better, not just telling them what to do, but empowering them to take charge.”

Dr. Salam enjoys snowboarding, playing video games, and watching movies or television in his free time.

# Waqas Salam, D.O.

**LANGUAGES  
SPOKEN**

English  
Hindi  
Urdu

**SPECIALTIES**  
Internal Medicine

**EDUCATION**  
Touro University College of Osteopathic  
Medicine  
Greenwich Hospital  
Rutgers University

**PRACTICING SINCE**  
2019

**MY CENTER**

**West Philadelphia**

1575 N 52nd St, Suite 3,  
Philadelphia, PA, 19131

[\(267\) 930-4858](tel:(267)930-4858)

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