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About Mikhail Stephen Carlow, M.B.B.S.

Dr. Mikhail Stephen Carlow’s interest in medicine began early in life. He explains that he was influenced both by his “mother, who is very active in the Trinidad and Tobago Red Cross Society,” and his grandfather, who experienced various health struggles. He strives to care for patients “as a whole,” and help them navigate the healthcare system. “Trust and empathy” are key in his practice. “When patients feel heard and respected, it creates a partnership where we can work together towards their health goals,” he explains.

In his down time, Dr. Carlow is committed to keeping himself healthy mentally, physically, and emotionally. He enjoys working out, trying new restaurants, and spending quality time with his family.

Mikhail Stephen Carlow, M.B.B.S.

LANGUAGES SPOKEN

English

SPECIALTIES

Internal Medicine

EDUCATION

University of the West Indies
Overlook Medical Center

PRACTICING SINCE

2016

ASSOCIATIONS

American College of Physicians
American Medical Society for Sports Medicine

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