

Derek Hiltz, D.O.

LANGUAGES SPOKEN
English

SPECIALTIES
Primary Care

EDUCATION
Nova Southeastern University
Sun Coast Hospital

PRACTICING SINCE
2003

“I try to explain all aspects of medical decisions in ways that are easily understood. I try to convey that healthcare decisions are a collaboration.”

About Derek Hiltz, D.O.

Dr. Derek Hiltz has “always been passionate about helping others” and finds it particularly rewarding to care for seniors. He centers prevention in his practice by emphasizing the importance of “proper nutrition, activity, and movement” in “sustaining functional capacity.” He explains that he has a “common sense approach to medicine” and strives to ensure his patients understand their diagnoses and treatments. “I try to explain all aspects of medical decisions in ways that are easily understood. I try to convey that healthcare decisions are a collaboration,” he says.

Dr. Hiltz loves spending his down time with his wife and friends. He also enjoys boating, diving, and is passionate about animal rescues.

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