



**Dedicated Senior**  
Medical Center  
A CHENMED COMPANY

**“I meet my patients where they are and have a shared goal of optimal health and making their lives easier to the best of my ability.”**

#### **About Lauren Arnita, APRN-CNP, FNP**

Lauren Arnita has always wanted to help people, and after several years of working in Social Work as a Patient Advocate and Client Coordinator, she decided she wanted a “more hands-on” approach and pursued nursing. “What I love about being a nurse practitioner is it combines what I love in social work and nursing,” she says. She feels privileged to care for the senior population and believes in providing “whole person-centered care that’s rooted in mutual respect.” She explains, “I meet my patients where they are and have a shared goal of optimal health and making their lives easier to the best of my ability.”

In her free time, Lauren loves enjoying the outdoors with loved ones and attending local events, like Blue Jacket games.

## **Lauren Arnita, APRN-CNP, FNP**

#### **LANGUAGES SPOKEN**

English

#### **SPECIALTIES**

Internal Medicine

#### **EDUCATION**

The Ohio State University  
University of Pittsburgh

#### **PRACTICING SINCE**

2021

#### **MY CENTER**

**Whitehall**

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