



Dedicated Senior
Medical Center
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“I find it incredibly rewarding to help patients maintain their independence, improve their quality of life, and focus on prevention before small issues become larger health concerns.”

About Melissa Mills, MSN, RN, CRNP

Melissa "Missi" Mills brings more than 27 years of nursing experience to her patients — spanning acute care, military, hospice, and primary care settings. "Those experiences reinforced the importance of compassionate, relationship-based care," she says. Missi is especially drawn to the senior population for the wisdom, life experiences, and meaningful relationships that develop over time. "I find it incredibly rewarding to help patients maintain their independence, improve their quality of life, and focus on prevention before small issues become larger health concerns," she says.

Missi believes great care begins with listening. She takes time to understand not only her patients' medical concerns, but also the barriers, fears, and daily challenges that may affect their health. Her approach is grounded in trust, empathy, and open communication — creating realistic care plans and providing education in a way that feels approachable rather than overwhelming. "When patients feel heard and supported, they become more engaged in their care and more confident in managing their health," she says.

When not with patients, Missi enjoys spending time with family, friends, and her two dogs. She stays active through hiking, kayaking, paddle boarding, and travel, and has a personal passion for wellness, nutrition, and preventive health.

Melissa Mills, MSN, RN, CRNP

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

Chamberlain University
University of Phoenix
Penn State University
Harrisburg Area Community College

MY CENTER

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