

Aparna Asher, MD

LANGUAGES SPOKEN
English

SPECIALTIES
Primary Care

EDUCATION
Adichunchanagiri Institute of Medical Sciences
Mysore University
American Board of Family Medicine

PRACTICING SINCE
2004

ASSOCIATIONS
Orange County Medical Society
American Academy of Family Physicians

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“I want every patient to leave feeling better than when they walked in.”

About Aparna Asher, MD

Dr. Aparna Asher's path to medicine was shaped by a profoundly personal experience. As a high school student, witnessing her grandmother's life-threatening hospitalization — and her remarkable recovery against significant odds — ignited a lifelong dedication to medicine and an unwavering commitment to serving vulnerable patients. "That formative experience continues to inform my approach to care each and every day," she says.

With more than 20 years of practice, Dr. Asher believes that great care begins with truly listening. She takes the time to get to know each patient — not just their health history, but their story, their family, their hopes, and their concerns. "Before long, my patients feel less like appointments on a schedule and more like family," she says. Her commitment doesn't end when a patient leaves her office — she follows up, pays close attention, and proactively looks for ways to keep her patients healthy. "I want every patient to leave feeling better than when they walked in," she says. "When I see a patient thriving — staying out of the hospital and living independently — that tells me we are making a real difference together."

When not with patients, Dr. Asher enjoys reading, traveling, aerobics, yoga, and hiking.