

Jessica O'Rourke, DNP, APRN

LANGUAGES SPOKEN
English

SPECIALTIES
Primary Care

EDUCATION
University of Cincinnati

ASSOCIATIONS
American Association of Nurse Practitioners
Ohio Association of Advanced Practice Nurses
Gerontological Advanced Practice Nurses Association
American Nephrology Nurses Association

MY CENTER

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“I want patients to feel informed, empowered, and confident in their care.”

About Jessica O'Rourke, DNP, APRN

Jessica "Jess" O'Rourke, didn't always know medicine was her calling — but after nearly 20 years at the bedside, she never looked back. "I found, to my surprise, that I liked nursing and more importantly, I was good at it," she says. She pursued her Doctorate in Nursing Practice to take on greater responsibility and autonomy. Raised primarily by her grandparents, Jess has a natural affinity for older adults and takes a holistic approach to their care — promoting independence, building relationships, and managing complex conditions.

Jess builds trust through consistency and reliability. She follows through on every commitment — whether contacting a family member, completing documentation, or simply being on time. "This dependability helps establish trust and reinforces my accountability," she says. She meets patients where they are, communicates clearly, and strongly believes in patient autonomy. "I want patients to feel informed, empowered, and confident in their care," she says.

When not with patients, Jess is a devoted Cincinnati Reds season ticket holder, an active Scout parent, and a foster parent for rescue animals through her local shelter. She also enjoys gardening, reading fantasy novels, and cooking.