

Michael Shodeinde, MD

LANGUAGES SPOKEN
English
Yoruba
Spanish

SPECIALTIES
Primary Care

EDUCATION
Wayne State University
University of South Florida
Ross University School of Medicine

ASSOCIATIONS
American Public Health Association
American Medical Association
American Academy of Family Physicians
Florida Chapter of American Family Physicians

MY CENTER

Cedar Hills

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“Open communication and mutual respect lead to the best health outcomes.”

About Michael Shodeinde, MD

Dr. Michael Shodeinde — known warmly to his patients as "Dr. Sho” was drawn to medicine by the profound impact that clinical guidance and empathy can have on a patient's life. "Witnessing how care can fundamentally alter a patient's life trajectory provides a lasting professional motivation," he says. He is especially dedicated to supporting seniors through vulnerable life transitions, ensuring they maintain dignity, comfort, and optimal independence.

Dr. Sho builds relationships by taking time to acknowledge each patient's fears, cultural backgrounds, and personal values — making them feel truly seen and understood. He views care as a team effort. "Open communication and mutual respect lead to the best health outcomes," he says. His focus on preventive care, proper medication management, and lifestyle changes helps patients foster long-term independence and healthier lives.

Fluent in English and Yoruba, with a conversational ease in Spanglish, Dr. Sho connects naturally with patients from a wide range of backgrounds.

When not with patients, Dr. Sho enjoys hitting the gym, trying new foods, traveling, and spending quality time with family and friends.