



Paul Kostamo, MD

LANGUAGES

SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

University of Florida

University of South Florida

MY CENTER

South St. Petersburg

901 22nd Ave South,
St. Petersburg, FL, 33705

[\(727\) 310-0925](tel:(727)310-0925)

[Request Appt.](#)

[View Center](#)

About Paul Kostamo, MD

Dr. Paul Kostamo has had a passion for science since the seventh grade, when a biology teacher sparked his fascination with the human body and the art of caring for people as individuals. After 35 years as a family physician in St. Petersburg, he feels a special closeness to the senior population. "I am becoming one myself," he says with a smile. Dr. Kostamo believes in treating every patient the way he would want to be treated — with respect, personal attention, and a genuine desire to get to know them as a person, not just a medical condition. "I think my patients know that I care about them," he says. "Hopefully we can work together on making their senior years full of more good days."

Dr. Kostamo believes that the best outcomes come from a true partnership between patient and provider and encourages frequent visits to stay ahead of health challenges. "I can't really help patients to the fullest if we are not working together," he says.

When not with patients, Dr. Kostamo enjoys hitting the golf course, cooking, traveling, and feeding his love of science and history. He is also an avid sports fan — cheering for both college and pro football and the Tampa Bay Lightning.