

“If we can prevent health conditions, we can keep patients living not only longer, but enjoying better, healthier days.”

About Allison Shimmel, MD

Dr. Allison Shimmel, MD was inspired to pursue medicine by a desire to build meaningful, long-lasting relationships with patients over time. Choosing to work in primary care with the senior population was a natural extension of that purpose. She creates an environment where patients feel heard and valued — using open communication and shared decision-making to ensure every patient is an active partner in their own care.

Dr. Shimmel is passionate about preventive care. "If we can prevent health conditions, we can keep patients living not only longer, but enjoying better, healthier days," she says. Her proactive approach to health management helps seniors maintain their mobility, independence, and overall quality of life.

Originally from metro-Detroit, Dr. Shimmel is excited to be back in Michigan after a decade away. When not with patients, she enjoys reading, trying new restaurants with her family, walking her dog, and traveling to new cities.

Allison Shimmel, MD

LANGUAGES SPOKEN
English

SPECIALTIES
Primary Care

EDUCATION
University of Michigan
University of Toledo College of Medicine and Life Sciences
University of Chicago - Endeavor Health Systems

ASSOCIATIONS
Obesity Medicine Association
Illinois Academy of Family Physicians
American Academy of Family Physicians
Ohio Academy of Family Physicians
American Medical Association
American Medical Women’s Association

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